



FIRST NATIONS OF QUEBEC  
AND LABRADOR HEALTH  
AND SOCIAL SERVICES  
COMMISSION

*To accompany Quebec First Nations  
in achieving their health, wellness,  
culture and self-determination goals.*

## JOB OFFER

### Health Advisor – Physical Activity and Sports Component

12-month contract

35 hours per week (50% at the office and 50% teleworking)

#### **Working with us means:**

**Joining a dynamic, passionate and committed team.**

**Choosing a stimulating work environment focused on mutual support, respect and collaboration.**

**Accessing a career full of learning and professional development opportunities.**

#### **The Health Advisor – Physical Activity and Sports Component must:**

Advise and support communities and the organization while contributing to the skills development of workers in their area of expertise. More specifically, you will:

- Act as a resource person for First Nations communities and organizations.
- Advise First Nations communities and organizations in your area of expertise.
- Support communities, workers and organizations in planning, organizing and implementing activities and programs related to your field.
- Draft projects, identify financial needs, and break down costs.
- Develop effective information and awareness tools to increase the autonomy of communities and see to their production and distribution.
- Collaborate on identifying training needs as well as planning, organizing, developing and adapting materials.
- Offer training, information and awareness sessions.
- Develop and maintain a contact network with First Nations organizations and partners as well representatives of different levels of government.
- Coordinate, facilitate and participate in various meetings.
- Conduct monitoring activities in your field with a view to making recommendations.
- Draft reports and documents.

## Requirements

- Bachelor's degree in kinesiology, physical education, or sports intervention.
- Three to five years of experience in the field of physical activity.
- Knowledge and understanding of First Nations cultures.
- Knowledge of Microsoft 365.
- Excellent command of French and English (written and spoken).
- Availability to travel to Quebec First Nations communities.
- A valid driver's licence.

## Desired profile

- Comfortable with communication and group facilitation.
- Strong analytical, synthesis, popularization and writing skills.
- A strong sense of ethics and rigour.
- Good project planning, management and coordination skills.
- Good adaptability.
- Organized and a good ability to identify and manage priorities.
- Strong interpersonal skills.
- Good ability to have a positive influence on the team and rally around ideas and projects.
- Capacity to work effectively as part of a team.

## Salary

The gross annual salary ranges from \$63,663.60 to \$78,460.20 and varies according to the candidate's experience.

## Start date

As soon as possible.

## SUBMIT YOUR APPLICATION!

Send your curriculum vitae along with a cover letter **no later than 4:00 p.m. on May 3, 2026**, to the human resources department by mail or email to:

**First Nations of Quebec and Labrador Health  
and Social Services Commission**

250 Place Chef-Michel-Laveau, Suite 102

Wendake, Quebec G0A 4V0

**Email: [rh@cssspnql.com](mailto:rh@cssspnql.com)**

\*Only selected candidates will be contacted.

The FNQLHSSC prioritizes applications from the First Nations and Inuit.

