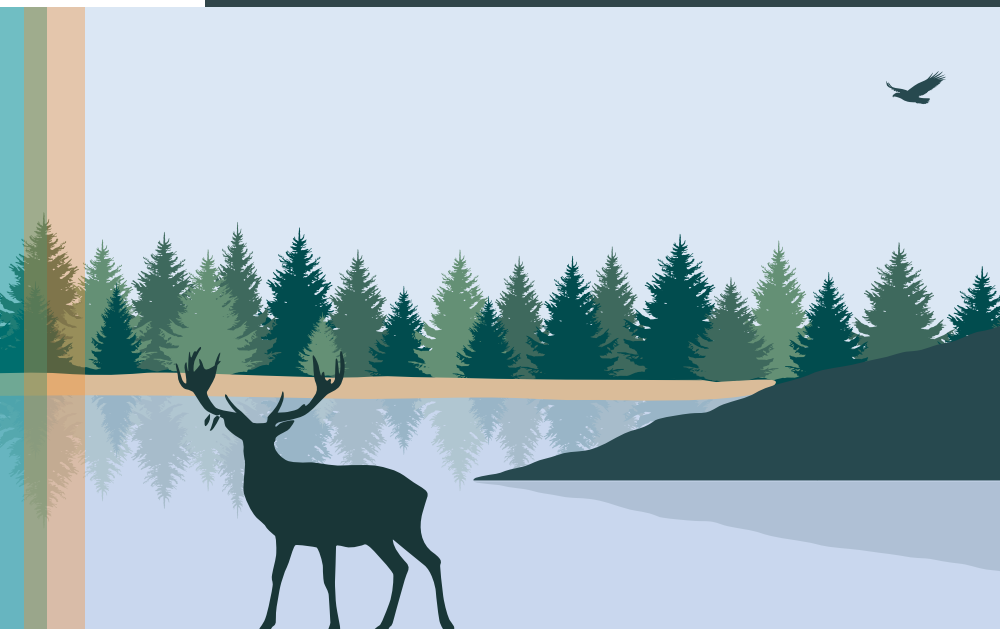




HEALTH TRAINING PROGRAM FOR PROFESSIONALS WORKING WITH INDIGENOUS COMMUNITIES

NEWSLETTER



DEAR READERS,

Welcome to the Distance Teaching and Learning Centre (DTLC) newsletter! Inside you will find a brief summary of our presentations for the months of September and October 2026. We would like to remind you that our presentations are in e-learning mode. These interactive, pre-recorded presentations are available on the provincial learning management system (ENA) 24/7 **and accredited for one year.**

At the end of each course on a specific topic of interest, you will be able to do the following:

- ✓ Demonstrate critical thinking skills and clinical judgment in resolving clinical cases or problems.
- ✓ Mobilize knowledge, skills, and resources when caring for patients living in remote regions of northern Québec.
- ✓ Use collective knowledge to improve patient care across remote regions of northern Québec.

OVERVIEW OF E-LEARNING MODE

PRE-RECORDED PRESENTATION



Watch the presentation 24/7.

INTERACTIVE QUESTIONS



Stay stimulated while you watch the presentation by answering questions integrated in the video.

DISCUSSION FORUM



Just ask your question to the speaker via a discussion forum and you will receive an answer to your question as soon as possible.



TRAINING NEEDS

We are always looking for speakers who want to make a difference by sharing their much appreciated skills and knowledge. Write to us at cefd_dtlic@muhc.mcgill.ca.

OUR PRESENTATIONS

SPEAKER



LUCIE POTVIN

Registered nurse

PRECIPITOUS BIRTH

Lucie Potvin is a registered nurse who retired in July 2023. She began practicing in June 1984 in various activity sectors in the CRSSSBJ (Centre régional de la santé et des services sociaux de la Baie-James), including medical-surgical nursing, the emergency department, and the operating suite. In 1988, she obtained a position in perinatology, where she worked for 35 years, mostly as a nursing team lead.

Her work with patients helped provide prenatal, delivery, and postnatal care to patients in a hospital setting.

She was part of the Core Committee at the CRSSSBJ for MOREOB, a Canadian program that promotes a culture of patient safety in obstetrics units. She helped nurses who joined the CRSSSBJ obstetrics team integrate practice and theory for many years. She had the pleasure of teaching future parents over the course of her practice in obstetrics, offering delivery preparation courses during prenatal meetings for 20 years.

She joined the nursing care program at the Centre d'études collégiales de Chibougamau in the Fall 2019 term, teaching laboratory techniques. In the Fall 2022 and 2023 terms, she began teaching theory and helping students with their observation and practical rotations in obstetrics.

She has always been a passionate advocate for nursing, and she sincerely hopes the nurses she has worked with throughout her career will take up the torch.



OUR PRESENTATIONS

SPEAKER



LUCIE POTVIN

Registered nurse

PRECIPITOUS BIRTH (CONTINUED)

At the end of the course, you will have learned the essential principles in a context of precipitous delivery and be able to do the following:

- Define precipitous birth.
- Conduct an initial assessment upon the parturient's arrival.
- Identify the steps in the event of an impending birth.
- Name the fundamental principles for ensuring physical and emotional safety.
- Determine the steps and procedures to follow in the event of a precipitous birth, from parturient arrival to the initial postpartum period.

**Available on September 16, 2026, on the ENA
(in French and in English)**



OUR PRESENTATIONS

SPEAKER



**LOÏS ROUSSEL-ROY,
B. SC. IN NURSING, M. A.**

Senior advisor, nursing branch
for mental health

MENTAL HEALTH INTERVENTION IN INDIGENOUS COMMUNITIES

Loïs Roussel-Roy has been as a nurse clinician for nearly 25 years, working with the most vulnerable people in Québec and around the world: those experiencing homelessness, substance abuse, palliative pediatric care patients, and mental health patients. She spent 10 years in education, honing her ability to teach and allowing her to adapt tools to the learners' needs. As the creator and presenter of "Êteindre la violence," a conference on putting a stop to violence, she has a solid grasp on various intervention strategies and knows how to share them in a clear, humorous, and relevant manner. With a master's degree in mental health focused on trauma-based challenges in Nunavik and her work as a senior advisor in mental health in Nunavik, she understands the issues faced in northern regions and how to provide care in a culturally respectful manner.

Mental Health Intervention in Indigenous Communities is a two-module course focusing on the following:

Intervention for Inuit Patients Presenting with Borderline Personality Disorder(BPD)

- Describe the etiology of borderline personality disorder
- Name the symptoms and behaviours associated with borderline personality issues
- Identify the features of borderline personality issues specific to Nunavik's Inuit communities
- Develop optimal and supportive intervention strategies for people affected by borderline personality disorder
- Identify culturally appropriate, respectful and relevant approaches for Inuit populations affected by borderline personality issues

**Available on October 7, 2026,
on the ENA
(in French and in English)**

Intervention for Inuit Patients Presenting with Psychosis

- Name the different psychotic disorders
- Identify the etiological factors specific to Inuit communities
- Name the positive and negative symptoms (Sx) present in psychotic episodes
- Identify a number of preferred approaches
- List the various side effects of antipsychotic medications and the reasons that may lead to discontinuation
- Name a few of the available resources

**Available on October 21, 2026,
on the ENA
(in French and in English)**



JOIN OUR COMMUNITY!

BECOME A MEMBER

If you are not a member of the DTLC but want to become one, register via one of the following links:

If you are an employee of one of these regions:

- Nunavik (region 17)
- Centre intégré de santé et de services sociaux (CISSS) de l'Abitibi-Témiscamingue (region 08)
- Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord (region 09)
- Centre régional de la santé et de services sociaux (CRSSS) de la Baie-James (region 10)
- Conseil Cri de la santé et des services sociaux (CCSSS) de la Baie-James (region 18)

► <https://fcp.rtss.qc.ca>

If you are an employee of a First Nations health centre not covered by an agreement

► <https://www.surveymonkey.com/r/FN2N65Z>

This activity is accredited by the Office for Continuing Professional Development, School of Medicine, McGill University, which is accredited by the Committee on Accreditation of Canadian Medical Education (CACME) of which the Collège des médecins du Québec (CMQ) is a partner.

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Office for Continuing Professional Development, Faculty of Medicine and Health Sciences, McGill University for up to 7 Mainpro+® Certified Activity credits.

Members of the American Academy of Family Physicians are eligible to receive up to 7 prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.



In Memory Of **PIERRE OUELLET**

The DTLC honours the memory of Pierre Ouellet, a valued collaborator and educator who passed away in 2025.

With more than 38 years of nursing experience, including 28 years in orthopedics, he generously shared his expertise and passion for nursing.

Through his work on the "Emergency Immobilization" training program, he passed on valuable knowledge to healthcare professionals working in remote communities.

We are deeply grateful for his dedication, generosity, and excellence as an educator.

His expertise and contributions will live on in the many professionals he helped train.

FOR MORE INFORMATION

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